CHAPTER EIGHT LEISURE AND RECREATION

8.1 GENERAL INFORMATION

Councils provide information on special leisure activities, discounts and events held throughout the year.

Camden Leisure Services
100 Euston Road, NW1.
278 4444.
Westminster Leisure Services
City Hall, Victoria Street, SW1.
641 3529.
Camden Leisure Card Information 912 5537.
Leisure Cards can be obtained from Holborn Library, Theobalds Road or The Oasis, Endell Street. Proof of identity and residence and a passport photograph required. Westminster Res Card Information 641 3287. ResCard application forms available from Charing Cross Road Library or telephone the Information line. Send the form, with proof of residence and a passport photograph. ResCard Application Office, PO Box 240, City Hall, Victoria Street SW1.

Camden provide a Concession Card for disabled persons to use facilities within the Borough regardless of residence. 278 4444.

8.2 COMMUNITY CENTRES

The Community Centres listed offer a wide range of activities throughout the day and evening. Telephone to confirm events.

Covent Garden Community Centre 46 Earlham Street.
240 0443.
Pensioners Luncheon Club & Food Co-op, Pensioners Bingo & Keep Fit, Pre-school Playgroup, Parent & Toddler Group, Summer and Easter Play Schemes, Women's Keep Fit, VIVA Singers, Flamenco dancing, photography group, film club, Apples & Snakes Performance Poetry and the Seven Dials Club (members and guests bar only—membership application forms available from the centre). Hall hired can be for private functions, meetings and parties.

Bengali Cultural Association Dryburgh Hall, Aldemey Street, SW1 828 3360. Advice and counselling, under fives and youth groups, adult classes and cultural activities.

Bishop Ho Ming Wah Association & Chinese Social Centre Basement, St Martin-in-the-Fields Church, 925 0715. Advisory and translation services, English classes, Tai Chi and children's story telling.

Chinese Community Centre 2nd floor, 44 Gerrard Street, W1. 439 3822. Social activities, children's play scheme, activities for the elderly, small library.

Holborn Performing Arts Centre Three Cups Yard, Sandland Street, WC1.
405 5334. Dance, ballet and acting, Courses and Workshops gain 9-3:30pm.

Holborn Community Centre Bedford House, 35 Emerald Street, WC1 405 2370. Under five activities, sports groups including badminton and keep fit, women's groups, girls youth project, language classes.

Milligan Street Community Centre 50 Milligan Street, WC1. 405 2493. Day centre and lunch club for the elderly, and activities for those with disabilities.

London Women's Centre Wesley House, 4 Wild Court, 831 6946. Various training, cultural, sporting and leisure activities for women.

8.3 HEALTH AND SPORT

Cannons Sports Club
19a Otham Walk, Endell Street. 240 2445.
Swimming pool and other sports and health facilities.

Central Club (YWCA)
16-2-2 Great Russell Street, WC1. 637 6313. Indoor swimming pool, junior life-saving classes, Water Exercises & Basic Canoeing. Creche. Membership £30 per annum, plus £3.50 per child per session on Tues, Weds, Thurs 10-12 noon.

Centralpoint Snooker Club and Gymnasium
Centrepoint, New Oxford Street, WC1.
240 6880. Open 24hrs for snooker, men's gymnasium, sauna and Jacuzzi.

Covent Garden Private Health Spa 29 Endell Street, 838 2236.

Sauna, sunbeds, massage, aromatherapy, acupuncture, satellite TV, coffee bar. Tue to Sun men only. Mon women only.

API-TV Durham House, Durham House Street. 839 4586.

Gym at The Sanctuary
12 WC1, 240 0695. Sauna, sunbeds, massage, swimming pool, whirlpool, beauty treatments, refreshments. Women only.

Jubilee Sports Hall
30 The Plaza, 838 4835. Gym, circuit training, martial arts, rock climbing, weight training, basket ball, Five-a-side football, badminton, squash, acrobatics, aerobics, yoga, Jacuzzi, sauna, sunbeds, beauty treatment, bala for children and junior gymnastics.

Marshall Street Leisure Centre
14-16 Marshall Street, W1. 287 1022. Indoor swimming pool, Aquas aerobics, and life saving courses, Cardiovascular Gym, Circuit Training, Aerobics, Yoga, Body toning, Sunbeds and Sauna. Various types of membership available including Corporate Membership, Clinic for sports injuries offering access to physiotherapy 439 6787. Neal's Yard Agency of Personal Development
14 Neal's Yard, 379 0141. Organises courses and workshops on personal development themes including yoga, Tai Chi, acupressure and calligraphy.
8.4 MUSEUMS AND GALLERIES

Advertising Archives
150 Southampton Row, WC1. 837 4426.

British Museum
Great Russell Street, WC1. 636 1555.

Cabaret Mechanical Theatre
33 The Market, 379 7962.

Courtauld Institute
Somerset House, Strand. 873 2526.

Eastern Art Gallery
Bloomsbury Way, WC1. 430 1072.

Le Chat Noir
35 Albemarle Street, W1. 495 6710.

London Transport Museum
The Piazza. 379 6344.

National Gallery
Trafalgar Square. 839 3321.

National Portrait Gallery
St Martins Place. 366 0035.

Photographer's Gallery
5 Great Newport St. 831 1772.

Pollock's Toy Museum
1 Scala Street, W1. 636 3452.

Quaker Gallery
32 St Martins Lane. 836 7204.

Royal Academy of Arts
Piccadilly W1. 439 7438.

Sir John Soane Museum
Lincoln's Inn. 860 2107.

Theatre Museum
Russell Street. 836 7891.

The Witchball
2 Cecil Court. 836 2922.

Zelda Cheattle Photography
Gallery B. Cecil Court. 836 0956.

8.5 CINEMAS AND THEATRES

CINEMAS

ABC, Shaftesbury Avenue, W1. 836 6279.

Curzon Phoenix
Charing Cross Road. 369 1721.

Curzon West End
93 Shaftesbury Avenue, W1. 439 4805.

Empire Leicester Square.
137 2343.

Goethe Institute
Prince's Gate, SW7. 581 7964.

Metro Rupert Street, W1. 437 0757.

ABC 135 Shaftesbury Avenue.
836 8861.

National Film Theatre
South Bank, SE1. 928 3232.

Prince Charles Leicester Place.
437 0111.

UCI Empire Leicester Square.
734 8222.

Warner Brothers
Leicester Square. 493 3001.

THEATRES/OPERA HOUSES

The Theatres Trust
22 Charing Cross Road. 836 0931.

Campaigns to ensure the survival of West End Theatres

and welcomes support.

Society of London Theatre
Bedford Chambers, Covent Garden Piazza. 836 0971.

Half Price Theatre Tickets:
The official half-price ticket booth is located on the south side of Leicester Square.
Tickets available on day of performance, cash only.
To avoid long queue, arrive early (am for matinees, early afternoon for evening performances).

Adelphi Strand. 344 0055.
Albery St Martins Lane. 369 1730.
Alwyth Alwyth. 416 6003.
Ambassadors
West Street. 365 5000.
Arts 6 Great Newport Street.
836 2132.
Cambridge
Earlham Street. 240 7664.
Donmar
Fleet Street. 369 1733.
Dominion 266 Tottenham Court Road, W1. 416 6001.
Duchess
Catherine Street. 494 5075.
Duke of York's
St Martins Lane. 836 9834.

English National Opera
33 St Martin's Lane. 033 8500. 856 0111.

Fortune
Russell Street. 836 2238.

Garrick 23 Charing Cross Road.
494 5085.

London Coliseum
153 St Martin's Lane.

New London
Drury Lane. 400 4079.

Phoenix
110 Charing Cross Road. 369 1733.

Playhouse Northumberland

8.6 RESTAURANTS, BARS AND PUBS

Angel & Crown
58 St Martin's Lane. 836 6809.

Bad Bob's
66 Chandos Place. 836 8009.

Bar Ziggy
36 Monmouth Street. 492 8979.

Beach Cafe
13 Neal's Yard. 240 1168.

Belgo Central
50 Earlham Street. 813 2233.

Bella Pasta
30 Henrietta Street. 836 8996.

Charing Cross Road. 369 1746.

Convent Garden

EXPLORE

Use the Simulator

IT'S A CULTURE SIMULATOR

Visit Covent Garden

LOCAL LIFE TO ITS CHARM

VISIT CONVENT GARDEN EXPLOR EXPLORE CULTURE SIMULATOR USE IT'S A CULTURE SIMULATOR VISIT CONVENT GARDEN LOCAL LIFE TO ITS CHARM
Italian Kitchen 19 Tavistock Street, 240 0883.
Food for Thought 31 Neal Street, 836 9072.
Frank’s Cafe 52 Neal Street, 836 6345.
Fremason’s Arms 81 Long Acre, 836 3115.
Garden Cafe 22 Cranbourn Street, 379 7737.
Garrick Wine Bar 10 Garrick Street, 240 7649.
Greek God Taverna 6 Maiden Lane, 836 6578.
Hog’s Head 23 Wellington Street, 836 6930.
Hogshead Ale House 21 Drury Lane, 240 2789.
Ivy Restaurant 1 West Street, 836 4751.
Joe Allen’s 13 Exeter Street, 836 0651.
Kettner’s Restaurant 29 Romilly Street W1, 734 6112.
King’s Arms 34 Long Acre, 836 8596.
L’Estaminet 14 Garrick Street, 379 1432.
La Boheme 27 Catherine Street, 240 9705.
La Padella Restaurant & Snack Bar 2 Exeter Street, 836 1413.
Lamb & Flag 33 Rose Street, 497 9504.
Le Palais du Jardin 133 Long Acre, 379 5335.
Lemon Tree 4 Bedfordbury, 836 1864.
Los Locos 26-26 Russell Street, 379 0220.
Luigi’s Restaurant 15 Tavistock Street, 240 1789.
Maison Mailmowski 65 Neal Street, 836 9779.
Maxwells James Street, 836 0303.
Mon Piaisir 21 Monmouth Street, 240 3757.

8.7 PARKS AND GARDENS

Drury Lane Playground WC2, Park manager 641 5764.
Hyde Park W1. 298 2100.
Boating, fishing, boating and boat hire on the Serpentine, children’s playground, speakers corner and many special events throughout the year.

Regent’s Park NW1. 486 7905.
Boating lake, ornamental gardens and fountains, weekend kite-flying, military bands, children’s playground, summer puppet shows, open-air theatre and zoo. Contact the above number for football pitch hire application form; one week’s notice.

St. James’s Park SW1. 320 1793.
Bird Sanctuary on Duck Island and a children’s playground to the south of the lake.

8.8 LIBRARIES

Holborn Library 32-38 Theobalds Road, WC1. 413 6345/6.
CHAPTER NINE
LOCAL ADMINISTRATION

9.1 NATIONAL & LOCAL GOVERNMENT

Members of Parliament and Surgeries Camden:
Rt.Hon. Frank Dobson MP, House of Commons, SW1, 219 4442. Fax: 219 6526. Advice surgeries: Camden Town Hall, Judd Street, NW1. The first and third Fri of each month at 7pm, and at Camden Labour Centre, 8 Camden Road, NW1 on the first and third Sat of each month at 11am. Westminster: Rt.Hon. Peter Brooke MP, House of Commons, SW1, 219 5041. Surgeries: Conservative Constituency Office, 90 Ebury Street, SW1. fortnightly on Fri afternoons at 4.30pm, by appointment only – 730 8181. European MP: Stan Newens, Boundary Office, 92 Lambeth Grove, W1. 221 0022. Fax: 792 3691. Labour and Co-operative Party Member of the European Parliament for the London Central Constituency, including the Camden Town Hall, Judd Street, NW1.

9.2 WARD COUNCILLORS & SURGERIES

CAMDEN
Bloomsbury Ward, Patricia Callaghan, Deirdre Kymper, Nirmal Roy, c/o Camden Town Hall, Euston Road, NW1, 860 5625.

SURGERIES
Fitzrovia Neighbourhood Centre 39 Tottenham Street, W1. First Fri each month, 6.30-7.30pm.
Bloomsbury Community Centre Bloomsbury Way, W1. Second Fri each month, 6.30-7.30pm. Camden Town Hall Community Association 21 Macklin Street. Last Fri each month, 6.30-7.30pm.
WESTMINSTER
St James's Ward, Carolyn Keen, Alexander Nicoll, c/o Westminster City Council, City Hall, Victoria Street, SW1, 641 2322.

SURGERIES
Citizen's Advice Bureau 25 Henrietta Street, 379 6595. First Fri each month, 6.30-7.30pm.

9.3 VOTING INFORMATION

British and Commonwealth citizens over the age of 18 are entitled to vote at local and central government and European elections. To ensure you receive notification of voting details check that your name is on the local electoral register. If you are eligible to vote, but away from home during an election, you can arrange a postal vote. Telecom your local electoral office below for an application form.

Camden Electoral Services Office Room 11, Ground Floor, Town Hall, Judd Street, W1, 916 4660.
Westminster Electoral Registration Officer City Hall, 64, Victoria Street, SW1, 641 2720. To stand for election apply to the electoral office. To be eligible for election as a local councillor your name must be on the local electoral register. Ten persons on the electoral...
CHAPTER TEN

PLACES OF WORSHIP

St Anselm & St Cecilia Catholic Church
70 Lincoln's Inn Fields. 405 0376.

St Clement Danes Royal Air Force Church
Strand. 242 8282.

St Giles-in-the-Fields Church
St Giles High Street. 240 2532.

St Martin-in-the-Fields Church
Trafalgar Square. 930 0089.

St Mary-le-Strand Church
Strand. 836 3126.

St Pauls Church
Bedford Street. 836 5221.

Notre Dame de France
Leicester Place. 437 9355.

Orange Street
Congregational Church
Orange Street. 321 0373.

Queens Chapel of the Savoy
Savoy Hill. 836 7221.

Religious Society of Friends and Quakers
Westminster Friends Meeting House, 52 St Martin's Lane. 836 7204.

Shaftesbury Avenue Chapel
166a Shaftesbury Avenue (corner of Mercer Street). 419 1235.

Street lights in the Strand paid for by the Parish of St Martin-in-the-Fields, hence the depiction of St Martin giving his cloak to the beggar.
11.2 GAS

Covent Garden is within Area 1 of British Gas.
District Office for Area 1: Customer Manager, British Gas Trading Ltd, PO Box 214 Barnet, Herts EN4 9BB.
Sales and shop telephone enquiries 828 9722.
Pensioners and disabled people on low incomes may be offered a free maintenance service.
Accounts 0645 555 700.
New supply or moving home 0645 555 709.
Text phone for hard of hearing 0645 555 702.
Gas escape and emergencies (24 hours) 0800 111 999.
Nearest British Gas show-room is in Hammersmith: 43 Kings Mall, W6, Mon-Sat 9am-5.15pm.
The Home Energy Efficiency Scheme Grants 0800 181 667.
Business Gas 01794 645 555.

Complaints should be directed initially to the District Office. By resolved by British Gas, contact: Gas Consumers Council, Consumer Complaints, Abford House, 15 Wilton Road, SW1 1LT. 931 9151.

11.3 TELEPHONE AND CABLE TV

Telephone services are mainly provided by BT; Mercury and Cable London services are also available.

11.4 WATER, SEWERS AND DRAINS

Water supply in Covent Garden is managed by Area 1 of Thames Water Utilities Ltd, Nugent House, Western Road, Reading RG1 8DB.
Sewer and Drain Services — contact the local Council. River flooding, pollution, abstraction and fisheries, contact the National Rivers Authority.
Drinking Water Supply Pollution Control Team (Camden) 413 6921.
Thames Water offer a free testing service: 837 3300.
**CHAPTER TWELVE  SENIOR CITIZENS**

**SENIOR CITIZENS** may be entitled to concessionary discounts at educational and leisure services. Agencies that could benefit from your experience and knowledge are set out in **12.4**. Agencies offering practical advice for senior citizens are in **12.5**.

**12.1 ADVICE AND INFORMATION**

Camden Adult Division Social Services, 79 Camden Road, NW1. 413 6692. Information on day centres, homes for the elderly, holidays, home helps, luncheon clubs, meals on wheels, peripatetic (itinerant) care.

Camden Social Services Crowndale Centre, Eversholt Street, NW1. 278 4444, ext 4421/4417. Camden Careline 24-hour call-out and monitoring service. 284 4081.


Advice on welfare and disability allowances, housing, health, support for carers, mobility, community alarms and local practical help. Leisure and concessionary cards for senior citizens— refer to **8.1**.


**12.2 DAY CENTRES AND LUNCHEON CLUBS**

Day centres offering activities throughout the day, outings, evening entertainment, special events and Luncheon Clubs providing a three course meal, with a choice of menu, at a cost of around £1.30 per day (Mon-Fri):
- **Covend Garden Age Concern Day Centre** Othams Walk, 240 5733.
- **Covent Garden Community Centre** 64 Earlham Street. 260 0443.
- **Holborn Community Centre** 50 Millman Street, WC1. 405 2403.
- **St Martin-in-the-Fields** Church Crypt (no luncheon club). 930 0689.
- **Ladies Party** Tues 2.30pm.
- **Centurian Arms**, Weds 7.30pm.
- **Darby & Joan Club** Thurs 2.30pm.

**Meals on Wheels**

If you are housebound or unable to cook for yourself, meals including ethnic, diet and vegetarian may be delivered by:
- **Camden Adult Division Social Services, 79 Camden Road, NW1. 413 6691.**
- **Enquiries for Meals on Wheels:** CAMDEN 413 6639/6712.
- WESTMINSTER 402 7896. Holidays and grant assistance for the elderly, 413 6714. Library services— refer to **8.8**.

**12.3 PRACTICAL HELP**

Camden Social Services Supported Living Team 79 Camden Road, NW1. 413 6682. Adult Respite Care (breaks for Carers) Westminster residents: Task Force, 3a St Mary's Terrace, SW1. 723 7893. Cleaning, decorating, errands etc.

Camden Laundry Service for Incontinence Sufferers 860 5976. A service for people on referral from their doctor, social services department or hospital. Westminster does not provide this service.

**12.4 SHELTERED HOUSING**

Independent elderly people can apply for sheltered housing. Enquire at:
- **Camden sheltered housing department** 860 5887.
- **Camden sheltered housing repairs 860 5516. Westminster Social Services Sheltered Housing, Pinner Court, NW8. 289 9222.**

**12.5 USING WORK EXPERIENCE**

The Covent Garden Community Association is always in need of volunteers; please contact us at 21 Macklin Street or telephone 836 3355. Senior Service Bureau 100m 316, 39 Victoria Street, SW1. 222 2289. Advice on employment and assistance in securing work Man, Wed and Fri 10am-4pm. Reach 89 Southwark Street, SE1. 928 0452. Part-time expenses-only jobs for retired business and professional people who wish to help charities.
CHAPTER THIRTEEN  SHOPPING

WORLD RENOWNED as one of the best shopping centres in London, Covent Garden has a large range of shops catering for all needs. Ring to check opening hours.

13.1 ESSENTIALS

BICYCLE SHOPS
Bike Park 14/16 Stukeley Street, WC2 430 0083.
Covent Garden Cycles Nottingham Court, Shorts Gardens. 836 1752.
Condor Cycles 244 Grays Inn Road, WC1 897 7641.

CAMERA REPAIRS
R G Lewis 217 High Holborn or 135 Strand. 836 1717.
At Cameras 9 St Anne’s Court, W1 437 8746.
Camera Care 20 Hanway Street, WC1 356 8655.
Sendean 105/109 Oxford Street, W1 634 8448.

CHEMISTS
The Garden Pharmacy 319 Long Acre. 836 1007.
Boots 137 Charing Cross Road. 739 1779.
Boots 4 James Street. 379 8442.
Bliss 5 Marble Arch, W1 733 6116. (Open 9am-midnight, 365 days of the year).
Richfield Pharmacy 169 Drury Lane. 831 0830.

DRY CLEANERS
Seven Dials Dry Cleaners 37 Monmouth Street. 240 7557.
Sketchleys 37 Southampton Street. 379 4250.
Valentino at rear of 172 Shaftesbury Avenue. 440 5819.

ELECTRICAL
Phase 2 Electrical 188 Drury Lane. 405 2368.

IRONMONGERS
P W Collins & Son 16 Earlham Street. 836 3964.
Robert Dysas 97 St Martins Lane. 836 0611.

KEY CUTTERS
Burgess & Galer 51 Brewer Street, W1 437 4989.
V & P Fox 23 Cecil Court. 836 2902.

LAUNDERETTE
Covent Garden Coin-op 35 Betterton Street.

POST OFFICES
Trafalgar Square 24-28 William IV Street. 930 9580. Mon-Sat, 8am-8pm (Fri opens 8.30am)
Last collections: Mon-Fri 8pm.

Sat 12.45pm, Sun 2pm.
18 Kingsway 405 9389.
Mon-Thurs 9am-6pm.
Last collection: 7pm.
181 High Holborn 831 7786.
Mon 9.30am-6pm, Tue-Fri 9am-6pm. No outside posting boxes. Last post: 6pm.
Letterboxes are located at: Junction of Long Acre/Bow Street, junction of Garrick Street/New Row, junction of Neal Street/Shafesbury Avenue, Upper St Martin's Lane/Long Acre.
Last collections: Mon-Fri 7pm, last 12.45pm.

Latest collection from: Museum Street (ex-sorting office, directly opposite 181 High Holborn) for pre-stamped mail: Mon-Fri 9pm!
Sat 12.45pm, Sun 2pm.

SHOE REPAIRS
S Krantz & Sons 180 Drury Lane. 405 0609.

SUPERMARKETS
Tesco Metro 21 Bedford Street. 434 4342.
Shepherd's Foods 24 Drury Lane. 240 1336.

13.2 FOOD
Specialist food shops offering the highest quality and friendly service:

Sainsbury's first shop was in Betterton Street and then on the corner of Macklin Street and Drury Lane. Sainsbury's quit Covent Garden in 1976. Lord Sainsbury can now be found at the Royal Opera House.
BAKERS
Neals Yard Bakery
6 Neals Yard. 836 5190.
Sharaton Patisserie Ltd
193 Strand. 836 8549.

BUTCHERS
Portwine & Sons
24 Earlham Street. 836 2353.
Idel Ltd
Jubilee Market. 379 5364.

CHEESE
Neals Yard Dairy
19 Shorts Gardens. 379 7646.

COFFEE & TEA
Monmouth Coffee House
27 Monmouth Street.
836 5272.
Drury Lane Tea & Coffee Co.
37 Drury Lane. 836 2607.
Drury Lane Tea & Coffee Co.
The Tea House 150 Neal Street. 240 7539.

DELICATESSEN
Carluccio's
28a Neal Street. 240 1487.
WINE MERCHANTS
Oddbins Diels, Earlham Street. 836 6331.
Victoria Wine
36 Wellington Street.
836 8767.
Nicolas & New Row.
379 7419.

GIFT SHOPS
Bead Shop
43 Neal Street. 240 0931.
Bodum's
24 Neal Street. 836 9176.
Equinox
78 Neal Street. 497 1001.
Oxfam
23 Drury Lane. 240 3769.

HAIRDRESSERS
Paul Hairdressers
34 Shorts Gardens. 240 5945.
94 St Martins Lane, WC2.
240 0432.
Brodie & Middleton
68 Drury Lane. 836 3289.

Fat Cat Records
19 Earlham Street.
240 2999.

Frontline Videos
44 Earlham Street.
836 0411.
Kasbah (furniture & artifacts)
8 Southampton Street, WC2.
379 5399.

London Graphic Centre
16 Shelton Street. 240 0095.

Luke Hughes
82 Drury Lane. 404 5995.
The Kite Store
48 Neal Street. 836 1666.

Morgan Computer Company
65 New Oxford Street, W1.
255 2115.

Mysteries 9-11 Monmouth Street.
240 3688.

Natural Shoe Store
21 Neal Street, WC2.
836 5254.

Neal Street East
5 Neal Street. 240 0135.

Papercraft
130 Long Acre, WC2.
379 6850.

Ray's Jazz Shop
Records 160 Shaftesbury Avenue. 240 3969.

13.5 MARKETS
Apple Market, located in the market, is an arts and crafts based market. The market is open seven days a week with an Art and Craft Market six days a week and an Antique Market on Mondays.
Earlham Street Market includes a florist and stalls selling clothing, books, records and general bric-a-brac.
Jubilee Market located on the south side of the Placa with over 150 stalls, is open seven days a week with a craft market Saturdays and Sundays.
St Martin's Market located behind St Martin's in the Fields Church offers a variety of stalls, craft items and hand made goods.

13.6 SPECIALIST SHOPS
Andy's Guitar Centre
55 Broadway Street. 836 0899.

Astrology Shop
497 St Martins Lane. 836 5678.

Ballet Shoes
Dancia International
187 Drury Lane, WC1.
836 9163.

Gamba of Covent Garden
3 Garrick Street, WC2.
437 0704.

Sansa (UK) Ltd
65 Endell Street, WC2. 379 8486.

Freed of London
494 St Martins Lane, WC2.
240 0432.
Porsell 9 West Street.
836 2862.

Bill Lewington
84 Shaftesbury Avenue. 240 0584.

David Newell
78 Drury Lane. 836 3761.

Fat Cat Records
19 Earlham Street.
240 2999.

Frontline Videos
44 Earlham Street.
836 0411.

Kasbah (furniture & artifacts)
8 Southampton Street, WC2.
379 5399.

London Graphic Centre
16 Shelton Street. 240 0095.

Luke Hughes
82 Drury Lane. 404 5995.
The Kite Store
48 Neal Street. 836 1666.

Morgan Computer Company
65 New Oxford Street, W1.
255 2115.

Mysteries 9-11 Monmouth Street.
240 3688.

Natural Shoe Store
21 Neal Street, WC2.
836 5254.

Neal Street East
5 Neal Street. 240 0135.

Papercraft
130 Long Acre, WC2.
379 6850.

Ray's Jazz Shop
Records 160 Shaftesbury Avenue. 240 3969.

14.1 LONDON TRANSPORT
Underground stations serving Covent Garden: Covent Garden, Leicester Square, Holborn and Tottenham Court Road.

London Transport
55 Broadway Street. 0198 4040.

Travel Information
(24 hour service) 222 1234.

Travelcheck
(24 hour recorded message) 222 1200.

Customer Charter
(telephones) 498 4040.

Lost Property
200 Baker Street, NW1.
9am to 7pm. 498 4906.

London Underground Police
834 8525.

14.2 BRITISH RAIL
For all rail enquiries and credit card bookings and national timetables 0345 484950 (local charge). The use of rail cards, advance bookings and travelling off-peak can result in considerable savings.

Charing Cross, Waterloo, Victoria 0207 5892.

London Transport
55 Broadway Street. 0198 4040.

Travel Information
(24 hour service) 222 1234.

Travelcheck
(24 hour recorded message) 222 1200.

Customer Charter
(telephones) 498 4040.

Lost Property
200 Baker Street, NW1.
9am to 7pm. 498 4906.

London Underground Police
834 8525.
14.4 AIRPORTS

London City 474 5555
Gatwick Airport
General enquiries, 01293 535353. Flight enquiries, 01293 531209.
Heathrow Airport
081 759 4321.

14.5 BUS PASSES AND TRAVELCARDS

Annual, monthly, weekly or daily Travelcards can be purchased from most underground stations. Bus passes can be purchased from the following:

Kensons Newsagents
4 Proctor Street, WC1.
Liberty News
42 Brewer Street, W1, or contact:
PASS 081 692 5309.

Passes for pensioners are obtainable from the Post Office at High Holborn or Leicester Square.

14.6 DISABLED TRAVEL

Camden operates the national Orange Badge Scheme providing parking permits for disabled drivers or those giving support to disabled drivers. Holders of the Orange Badge may park up to three hours in a 'pay and display' bay, provided they exhibit the disk showing their time of arrival. To be eligible, you will be receiving Mobility Allowance, be registered blind or have taken examination with a Camden-nominated doctor. For those living south of Euston Road, a Green Badge scheme has been introduced. This allows unlimited time in parking bays, resident bays and designated 'Green Badge Only' bays. Orange Badge holders working or studying in the Camden side of Covent Garden may also qualify for a Green Badge, although there is a charge for workers.

Westminster allows cars with Orange Badges to park for up to four hours in designated bays. You can also pay for a meter space or pay and display and receive one additional hour pay. Westminster issues White Badges to residents, those working in the area or those receiving certain hospital services. Holders of White Badges may park for unlimited periods in residents' bays or at meters/pay and display. Application forms from Camden 860 5970
Westminster 641 1785

Disability drivers may be exempt from Road License Fees on their vehicles. Details from:

Mobility Advice and Vehicle Information Service, Department of Transport, TRRL, Crowthorne, Berkshire RG12 1AU. 01344 770 456.

Advice on disability problems, housing, holidays, mobility (but not medical) is available from:

The Royal Association for Disability and Rehabilitation (RADAR) 25 Mortimer Street, W1. 637 5400.

14.7 PARKING PERMITS

Residents' permits are available for on-street parking at specified bays and for off-street parking in local car parks. Proof of ownership of the vehicle or, for company cars, evidence of its allocation to the resident, is required, as is proof of residence. Permits can be purchased from Camden for one, three, six, or twelve months, at a current cost of £10, £25, £45 or £82. Westminster have permits for three months, £25, or twelve months, £85. Camden have introduced a 'Business Permit' for those who need to use their vehicles throughout the day, for example, shops making deliveries. There is an annual fee of £500 for the parking bay plus £250 per vehicle. Westminster do not operate this scheme.

Camden 860 5980 (residents). 860 5552 (business).
Westminster residents 823 4567

Off-street parking permits guarantee a space in a specified car park but are more expensive, in Camden, £166.40 per quarter for residents and £792.40 per quarter for business users; in Westminster, £249.89 for 13 weeks and £952.31 for 52 weeks for residents and

£1224.35 and £4665.93 for business users.

Camden information 681 4658 (residents) 405 0622 (business)
Westminster information 641 2629.

14.8 CAR PARKS

Adelphi Garage
Savoy Place. 836 4838.
Bloomsbury Square
405 0662.
Broadwick Garage
Broadwick Street, W1. 734 8387.

Cambridge Circus Car Park
Newport Place. 434 1896.
Kingsway Car Park
45-49 Kingsway. 497 3087.
NCP 45 Berners Street, W1. 637 9333.
NCP Brewer Street, W1. 734 9497.
NCP Museum Street, WC1. 836 2039.
NCP Bedford Square, 240 0397.
NCP Parker Street 242 8611.
NCP Under the YMCA, 637 0964.
NCP Upper St Martin's Lane. 836 7451.

Poland Street Garage
Poland Street, W1. 437 7660.
Shelton Street Car Park
947 9332.
Trafalgar Square Car Park
Spring Gardens, SW1. 930 1565.

Camden Action on Parking
46 Gt Russell Street, WC1. 631 4220.
Umbrella group for local organisations concerned with effects of Controlled Parking Schemes.
14.9 ILLEGAL PARKING

Always check the signs relating to your parking bay. Residents should check their cars and the signs at least once a day, since bays may be suspended at very short notice.

RESIDENTS
Camden: Residents’ parking bays are in force 24 hours a day, seven days a week. Camden residents may also park free of charge at meters and pay and display bays after 5:30pm and until 9:30am.

Westminster: Residents’ parking bays operate between 8:30am and 8:30pm, seven days a week.

BUSINESS AND VISITORS
Camden and Westminster both operate meters and pay and display bays from 8:30am to 6:30pm, Monday through Friday and 8:30am to 6:30pm Saturday. You may park in a loading bay outside these hours, although some are set aside for disabled users. All disabled bays in force ‘at any time’. Westminster and Camden operate wheel-clamping and tow-away for illegally parked vehicles. As a general rule, never park on double yellow lines. It is legal to park on single yellow line outside the hours of parking enforcement.

If your car is clamped take the red label (fixed to the windscreens) to the nearest car pound. When the charge is paid the clamp will be removed. Payment can be made by cash, cheque or credit card. Do not delay; your vehicle may be removed to a pound and additional tow away and daily storage fees will be charged.

Vehicle removed: telephone the control centre (247 4747) with vehicle details. You will be told where the vehicle is held. Fees for towing away and storage are payable.

Hyde Park Pound NCP Car Park, Park Lane, W1 (always open). 262 1814.

Mount Pleasant Pound Cathorpe Street, WC1. Mon-Sat 8:00am–midnight. Sun 9am–5pm.

Warwick Road Pound 245 Warwick Road, W14. Mon-Sat 8:00am–midnight.

If you believe you have been unfairly penalised payment must be made before taking further action. In Central London, contact: Officer in Charge, Central Ticket Office, PO Box 510, London SW1V 2JP, quoting the number on the ticket. You may have the case heard in court and, if your appeal is successful, the fee will be returned.

14.10 FUEL

Service Station
30 Clipstone Street, W1. 732 4866.

Selfridge Garage
Edward Mews, Orchard St., W1. 743 5281.

Starwash
Belgrave Square House, Bruton Lane, W1. 491 2269.

Store Street Service Station
6 Store Street, W1. 637 3002.

Waverton Street Filling Station Waverton St, W1. 491 7915.

14.11 BICYCLES

Cycle Route Map available from Stannard’s, On-Your-Bike contains information on cycling in London.

Covent Garden Cycles
Nottingham Court, (off Shorts Gardens). 836 1752.

Bikepark
Stukeley Street, parking facilities and a fully equipped maintenance shop. 430 0083.

London Cycling Campaign
228 Great Guildford Business Square, 30 Great Guildford Street, SE1. 928 7220.

CHAPTER FIFTEEN UNDER-SIXTEENS

daycare for under-fives 284 4372.
Camden under-five playgroups 911 2102.
Westminster social services
daycare for under-fives 641 2245.
Westminster under-five playgroups 641 2245.
Westminster Children’s Society
Archer Street Nursery, 18 Charing Cross Road, WC2. 439 6257.
Two to five years, Mon-Fri 8:30am–5:30pm.

BBC World Nursery
25 Macaulay Street. 831 9776
Bengali Cultural Association
Dryburgh Hall, Aldey Street, SW1. 828 3160. Under-fives.
City Lit. Stukley Street. 831 4084. Mon-Fri 10:00–5:00pm.
Chandos Children’s Learning Centre
47 Dudley Court, 36 Endell Street. 836 6574. Private nursery for three months to five years.

Chandos Children’s Learning Centre
47 Dudley Court, 36 Endell Street. 836 6574. Private nursery for three months to five years.

Fleet Street Nursery
Fleet Street Nursery
Westbury House, 4 Westbury Place. 831 9797. Workplace nursery for children six months to five years.

Covent Garden Community Centre
46 Earlham Street. 240 0443. Pre-school playgroup for two to five years. Mon-Fri 9:30am–12:30pm.

All Souls Clubhouse
141 Cleveland Street. 387 1360. Playgroup, Tue & Thu. 10am–12:30pm.

Coram Under-Fives Club
Coram Fields, Guilford Street, WC1. 832 6338.

Halbomn Community Centre
Bedford House, 35-36 Bedford Street, WC1. 405 2379. Under-
Notes

What is the CGCA...
The Covent Garden Community Association is the representative voice of the residents, workers and business community of Covent Garden.

It was founded in 1971 in response to the GLC’s disastrous plans to redevelop the area. After a long and bitter struggle these plans were defeated and Covent Garden was saved from physical destruction.

Then began the uphill task of working out a plan that would take into account the needs of the residential community, a neighbourhood that is to survive requires useful affordable shops, health care, safe streets, decent housing and recreational facilities, thriving schools and open space.

What the CGCA has done
Covent Garden would not still be here if it were not for the work of the CGCA. The area’s many wonderful buildings, many of which are now listed, would have been demolished and the area turned into concrete and underground motorways.

The local residential population was to be displaced with conference centres and office blocks.

Despite the nightlife, shopping and tourist attractions, Covent Garden is a residential community in the heart of London. Around 6,000 people live in the area, including many young families and children.

The CGCA has instigated and/or campaigned for a number of projects over the years: The Seven Dials Housing Co-op, various tenants associations, Seven Dials Social and Community Centre, Covent Garden Area Trust, Phoenix Community Garden, Pensioners’ Day Centre, Central London Law Centre, Jubilee Sports Hall Centre, Covent Garden Business Group, and currently for a local museum and resource centre.

How the CGCA concerns you...
The CGCA continues to play a strategic role in the future of the Covent Garden neighbourhood, with an ‘open door’ office for advice four days a week, the monitoring of planning applications, licence applications, parking, refuse, street lighting and housing issues. The CGA aims to be a neighbour – a neighbour with 26 years experience and skill in dealing with local authorities and with a specialised knowledge in various technical areas. Above all, the CGCA remains a representative and energetic Association, promoting the interests of the residential and business community.

The CGCA needs your help...
...volunteers to help in the office, produce and deliver our newsletter or to serve on our committees.

If you sympathise with our aims and care about Covent Garden (and are not a member already), please join us and become a member. Help your neighbourhood and yourself by helping the CGCA!

MEMBERSHIP APPLICATION FORM
Please accept my/our membership of the Covent Garden Community Association (CGCA)

Title ........................................ Name ..................................................

Address .................................................................................. Postcode .................................................. Tel. no. ........................................

I/We enclose the subscription fee of (please tick)
Single membership £3.00 □
Double membership £10.00 □
Corporate Membership £100.00 □
Senior Citizen FREE □

(If I/We enclose a donation of £ ____________________________)
1. CGCA
2. St Joseph’s Primary School
3. City Literary Adult Education Institute
   Stukeley Street & annex in Wild Street
4. St Clement Danes Primary School
5. Theatre Museum
6. London Transport Museum
7. Jubilee Hall Recreation Centre
8. Citizens Advice Bureau
9. St Paul’s Churchyard & Garden
10. Charing Cross Police Station
11. Charing Cross Public Library
12. Photographers Gallery
13. Covent Garden Community Centre
14. Phoenix Community Garden
15. Oasis Public Swimming Pools
   and Fitness Centre

Boundary between Camden and Westminster Councils